



ACEs, Overdose, and Suicide are Related

ACES AND OVERDOSE

ACEs are associated with increased risk of overdose later in life and are associated with younger opioid initiation, injection drug use, and lifetime overdose.¹

ACES AND SUICIDE

Experiencing any ACE is associated with an increased risk for suicide; the odds of ever attempting suicide are 30 times higher for adults with four or more ACEs compared to adults with no ACEs.²

OVERDOSE AND SUICIDE

Opioid Use Disorder (OUD) involving prescription drugs is associated with an increase of 40 to 60% in the risk of suicidal ideation.³

ACES, OVERDOSE, AND SUICIDE

ACEs are associated with increased risk of overdose and suicide later in life. For children, losing a loved one to suicide or overdose is an ACE. Experiencing these is associated with increased risk of future overdose or suicide.

REFERENCES

1. Stein MD, Conti MT, Kenney S, et al. Adverse childhood experience effects on opioid use initiation, injection drug use, and overdose among persons with opioid use disorder. *Drug Alcohol Depend.* 2017;179:325-329. doi:10.1016/j.drugalcdep.2017.07.007
2. Hughes K, Bellis MA, Hardcastle KA, Sethi D, Butchart A, Mikton C, Jones L., Dunne MP. The effect of multiple adverse childhood experiences on health: a systematic review and meta-analysis. *The Lancet.* 2017;2:e356-66.
3. <https://pubmed.ncbi.nlm.nih.gov/28364579/>